

2-Mile Frosty Feet Fun Run



Proceeds will benefit the Debt Reduction Campaign

1/2-Mile Frozen Tootsie Trot



Date: 12/31/11

**Time: 10:00am / 2-Miler
10:45am / 1/2 Miler**

Pre-register by: 12/23/11

Non-Refundable Fees:

•**\$17 Frosty Feet Fun Run (Ages 10+)**
Includes Long-sleeved t-shirt plus \$5 off coupon towards the Family party. (Limit of one coupon per family)
\$20 after 12/23

•**\$6 Frozen Tootsie Trot (12 & Under)**
Includes Long-sleeved t-shirt
**Entry is FREE if no shirt is ordered

•**Registration Deadline: Dec. 23rd**
(Shirts not guaranteed by race day after 12/23)

The courses for both walkers & runners are out & back from the Superior YMCA. Using the sidewalk after leaving the YMCA parking lot, the 2-mile course heads towards Catlin Ave, north to Belknap, south on Morterelli Drive and back to the YMCA parking lot.



Medals awarded to the top finisher in each age category in both the Men's and the Women's divisions in the 2-Mile Fun Run & the 2-Mile Fun Walk.

Ribbons awarded to all participants of the 1/2-Mile Trot

Don't want to walk outside?
Pre-register, and from Dec. 26-31 you can walk your two miles on the indoor track above the Gym. You'll still get your t-shirt, but will not be included in awards.

Sponsored by:



Register online @ www.superiorymca.org (OR)
Mail form and entry fee to:

Superior Douglas County Family YMCA
Attn: Cathi
9 N. 21st Street
Superior, WI 54880

Phone: 715-392-5611
Fax: 715-392-2636
E-mail: caustin@superiorymca.org
Website: www.superiorymca.org

RETURN THIS BOTTOM PORTION

Name _____

Address _____

Phone _____

T-Shirt Size YS (6/8) YM(10/12) YL (14/16)
 AS AM AL XL XXL

Sex _____ Age on race day _____

In consideration of the acceptance of my entry, I the undersigned, intending to be legally bound for myself, my heirs, executor, and administrators, do hereby release any and all directors, volunteers, sponsors of this event, and their representatives, successors, and assigns, from any and all liability from illness or injury I may suffer as a result from my participation in this event. I attest and verify that I am physically fit and properly trained for the completion of this event. I assume all risks associated with but not limited to falls, contact with other participants, the affects of the weather, temperature and course conditions.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____