

# “SWIM ‘N’ GYM”



What: For \$4/person or \$20/family, the REC Pool, kids' gym and big gym will be available for your family to have some fun! Children under 12mos swim free.

Where: Superior YMCA; 9 N 21<sup>st</sup> Street

When: 1<sup>st</sup> Saturday of each month from 5:30 - 7:30pm;  
Oct. 1<sup>st</sup>, Nov 5<sup>th</sup>, Dec 3<sup>rd</sup>, Jan 7<sup>th</sup>, Feb 4<sup>th</sup>, March 3<sup>rd</sup>, & Apr 7<sup>th</sup>

## RULES:

- \*\*Hot tub is 18+ only
- \*\*Appropriate swimwear required. No cut-offs, cotton clothing, or suits with metal ornamentation
- \*\*ALL youth under 16 must be accompanied by an adult while swimming.
- \*\*No inflatable tubes, rafts, etc are allowed. Lifejackets, arm floats or float belts ARE allowed.
- \*\*Any children that are 48" tall and have passed our swimming test may use the slide. Children that are not tall enough or are unable to pass the test may go down the slide with an adult. The test is 60 seconds treading water in the deep end wearing no flotation devices.
- \*\*Please use the family &/or youth locker rooms only.
- \*\*Parents must accompany children in the Little Kids' Gym. Gym is for kindergarten and younger.

**CONTACT JON via email: [jreimer@superiorymca.org](mailto:jreimer@superiorymca.org) or 715-392-5611 if you have any questions.**