

FALL GYM SCHEDULE

OCTOBER 27 - NOVEMBER 23

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-6:00	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN		
6:00-7:00	Boot Camp	ADULT OPEN	Boot Camp	ADULT OPEN	Boot Camp		
7:00-8:00	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN		
8:00-9:00	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN	OPEN	
9:00-10:30	ADULT OPEN	YOUTH CLASSES	ADULT OPEN	YOUTH CLASSES	YOUTH CLASSES	MITEY	
10:30-11:00	ADULT OPEN	YOUTH CLASSES	ADULT OPEN	YOUTH CLASSES	YOUTH CLASSES	MITES	
11:00-11:30	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN	ADULT OPEN	BASKET-BALL	
11:30-1:30	Adult B.Ball Pick-up Games	Adult B.Ball Pick-up Games	Adult B.Ball Pick-up Games	Adult B.Ball Pick-up Games	Adult B.Ball Pick-up Games	GRADES 3/4 GIRLS B. BALL	FAMILY OPEN @ 1:00pm
1:30-3:00	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	FAMILY OPEN
3:00-4:00	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	JR V.BALL
4:00-4:30	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN until 4:45pm	LEAGUE
4:30-6:00	OPEN until 5:30pm	OPEN	Gymnastics	OPEN	OPEN		
6:00-7:00	ADULT	OPEN	Gymnastics	OPEN	OPEN		
7:00-8:00	VOLLEYBALL	OPEN	Gymnastics	OPEN	OPEN		
8:00-8:45	LEAGUE	ADULT OPEN	ADULT OPEN	ADULT OPEN	OPEN		
8:45-9:15		ADULT OPEN	ADULT OPEN	ADULT OPEN	OPEN		

- ***The gym closes 15 minutes before building closes.***
- **The Gym is closed to youth after 8:15pm, M-TH.**
- **The YMCA has the right to change the gym schedule when necessary.**
- **Youth won't be allowed in the building until 1:30pm, M-F, unless participating in a youth program, or in possession of a Teen Training Pass.**
- **Parents must be with their children in the Gym on Sundays if children are under 16 years of age.**