



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

May 9 - June 10

SUN	MON	TUES	WED	THUR	FRI	SAT
	5:30-7:00 FITNESS CLASSES	5:30-7:00 FITNESS CLASSES	5:30-7:00 FITNESS CLASSES	5:30-7:00 FITNESS CLASSES	5:30-7:00 FITNESS CLASSES	
	7:00-11:30 ADULT **HALF GYM reserved from 9:00-10:00 for Family Fitness Hour**	7:00-9:00 ADULT 9:00-11:30 PICKLEBALL	7:00-11:30 ADULT	7:00-9:00 ADULT 9:00-11:30 PICKLEBALL	7:00-9:00 ADULT 9:00-11:30 PICKLEBALL	
	11:30-1:30 ADULT B-BALL PICK-UP GAMES	11:30-2:00 ADULT	11:30-1:30 ADULT B-BALL PICK-UP GAMES	11:30-1:30 ADULT	11:30-1:30 ADULT B-BALL PICK-UP GAMES	8:30-4:45 OPEN GYM
12:00 - 4:45 OPEN GYM		2:00-2:30 HOME SCHOOL				
	1:30-8:15 OPEN GYM	2:30-8:15 OPEN GYM	1:30-8:15 OPEN GYM	1:30-8:15 OPEN GYM	1:30-8:15 OPEN GYM	
YMCA CLOSSES AT 5:00 PM						YMCA CLOSSES AT 5:00 PM
	8:15-8:45 ADULT	8:15-8:45 ADULT	8:15-8:45 ADULT	8:15-8:45 ADULT	8:15-8:45 ADULT	

-The gym closes 15 minutes before building closes.
 -The Gym is closed to youth after 8:15pm, M-TH
 -Youth not allowed in the building until 1:30pm, M-F unless participating in a youth program, or in possession of a Teen Training Pass.
 - SHADED SECTIONS ARE RESERVED FOR THOSE PARTICIPATING IN THE LISTED EVENT

Superior Douglas County Family YMCA
 9 N 21st Street, Superior, WI 54880
 715-392-5611
 www.superiorymca.org

Contact **Jon Reimer** at jreimer@superiorymca.org for any specific gym scheduling questions you might have.

HALF Gym rentals are available upon request.